



www.coventryplace-ga.com

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### OFFICE HOURS

Monday–Friday ..... 9 a.m.–5 p.m.  
Weekends ..... 7 a.m.–3 p.m.

### COVENTRY PLACE CONTACT INFORMATION

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### Jelly Bean Day

Jelly beans first surfaced in Boston in 1861. In the 1960s, California Gov. Ronald Reagan declared they were his favorite treat. Celebrate this small sweet on National Jelly Bean Day, April 22.



## April 2020



### Heralds of Happiness

Songs have been sung about them, and poems written about them. Bluebirds have been longtime symbols of happiness in many cultures and are often associated with the renewal of the spring season. Eastern, mountain and western are the three species of this native North American bird, and all of them display bright blue feathers and chirp a cheerful song.

### Family History Help

If you've always wanted to explore and pass on your family history, April is a good time to begin. During National Preservation Week, April 26–May 2, some libraries will host workshops on genealogy and how to preserve various heirlooms. You can also tap into another helpful service that's provided year-round: Most branches offer free on-site access to popular online genealogical databases.

### Take Me Out to the Minor Leagues

Minor League Baseball teams across the country are on deck for a new season. Their turn at bat begins April 9.

## Trivia Whiz

### Bunny Basics

Symbols of spring, rabbits can be found in parks, yards and meadows. Hop on in to these facts about the critters.

Although baby rabbits are called bunnies, they are actually kits or kittens. A female rabbit is a doe and a male rabbit is a buck.

Carrot-crunching rabbits are often shown in cartoons, but the herbivores mainly eat grass, weeds, clover and other plants.

When rabbits are happy, they jump in the air, twist and kick, an athletic leap known as a binky.

Strong hind legs give rabbits their speed and jumping ability. Eastern cottontails, the most common rabbit in North America, can run up to 18 mph.

Their long, sensitive ears can detect sounds up to 2 miles away. The large surface area of the ears releases body heat, helping the animals stay cool.



### 50 Years of Earth Day

The modern-day environmental movement kicked off 50 years ago on the first Earth Day, April 22, 1970.

The annual event was created by Gaylord Nelson, a senator from Wisconsin who wanted to organize what he called a "national teach-in on the environment" that would educate the public about growing concerns such as pollution and deforestation. On the first Earth Day, 20 million people, about 10% of the country's population at the time, took part in rallies, raising awareness about environmental issues and appealing to protect the planet's health.

Earth Day's success contributed to several landmark changes, including many of the first laws against air and water pollution, as well as the creation of a new government organization to respond to such issues, the Environmental Protection Agency, which began work in December 1970. By 1990, Earth Day became a worldwide observance.

Today, about 1 billion people in nearly 200 countries celebrate Earth Day.

### Pioneer for Parkinson's

April is Parkinson's Disease Awareness Month, with World Parkinson's Day taking place on April 11. The date marks the birthday of Dr. James Parkinson, the English neurologist and scientist whose research laid the groundwork for the study and treatment of the disease.

The condition, which affects specific parts of the brain, was noted by several ancient cultures, but Parkinson's 1817 publication "An Essay on the Shaking Palsy" was the first clinical, detailed description of the disease. From his observations of six people, the London doctor identified key symptoms, including weakness, trembling in the hands and arms, and a stooped gait.

More than 50 years later, French neurologist Jean-Martin Charcot expanded on Parkinson's work and, recognizing its importance, suggested the condition bear his name. Since then, doctors and researchers have gained more knowledge about the disease and developed treatments to help manage symptoms.

In the 1980s, a Dutch horticulturist with the condition developed the Dr. James Parkinson tulip. A red tulip is now the global symbol of Parkinson's disease awareness.



# SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

2	ε	6	1	4	8	5	9	
8	7	1	9	5	ε	6	2	4
4	5	9	8	6	2	7	ε	1
7	9	8	ε	1	5	4	6	2
1	6	4	2	7	9	ε	8	5
3	2	5	2	8	6	4	9	1
5	8	2	7	9	6	1	4	ε
6	1	ε	4	2	8	5	7	6
9	4	7	5	2	1	2	8	9

Solution

8			1	3				
9	7	5			4			6
	4							
7					9			3
		3	6	7	2	4		
			5					
	3						5	
4			3			1	7	8
				4	1			2

## Wit & Wisdom

### BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.

### Church Bus Schedule!!!!

**Saturday**  
5:00PM..... St. Thomas More Catholic Church

**Sunday 10:00 AM.....** Decatur United Methodist Church

### Bible Reading!!!!

In The Library  
Every Tuesday 4:00 - 4:55



### Pastry Picks

They're a sweet and satisfying accompaniment to a cup of coffee or tea. Sample some traditional pastries that are served up in other countries.

**Cannoli.** A favorite in Italy, these tube-shaped shells of fried dough are stuffed with creamy, slightly sweet ricotta cheese. Chocolate, nuts and powdered sugar are sometimes added as garnishes.

**Bo lo bao.** Its name means "pineapple bun" in Cantonese, but there's no fruit in this Hong Kong specialty. The roll is named for its sugary crust's crisscross pattern that resembles a pineapple.

**Pastelito.** The traditional filling for this Cuban puff pastry is guava and sweet cream cheese. Pineapple and coconut are also favorites.

**Scone.** Popularly served with tea, this British baked treat looks similar to a biscuit, but has a crumbly texture and lightly sweet taste. It's typically topped with clotted cream and jam.

**Gulab jamun.** Balls of fried dough are soaked in a syrup flavored with sugar, rose water and cardamom to make this Indian dessert.

**Franzbrotchen.** A cross between a cinnamon roll and a croissant, this flaky, spiral pastry is a breakfast staple in the German city of Hamburg.

**Croquembouche.** In France, special occasions often feature these cream puffs, which are artfully arranged into a showstopping tower decorated with strands of caramelized sugar.

**There's a buffet of pastries to pick from across the globe**

## DINING ROOM SERVING HOURS

### Breakfast

7-8:15 a.m.

### Lunch

12-1 p.m.

### Dinner

5-5:30 p.m.

The Dining Room Closes

at 6 p.m.

## Lunch Bunch Outings

Our Lunch Bunch heads to a local restaurant twice a month, and we welcome anyone who wants to join us! Get the dish on our next outing at the front desk or on the calendar.

## BE SURE TO ...

1. Check the bulletin board **DAILY** for additional activities or cancellations.

2. Listen to announcements.

3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment. Be sure to sign up on the hour and half hour.

Come Celebrate the following Birthdays:

Phillip Linch 4/14

Sylvelster Finney 4/14

Ann Cochran 4/17

Monica Bowman 4/25

Raneema Muhammed

4/28

AnnaBelle Owen 4/28

Sunday	Monday	Tuesday
<i>April</i>		
<b>5</b>	<b>6</b>	<b>7</b>
1:30pm Bingo in the Card Room 3:00pm Hymn Sing Along & Church Services	10:00am Chair Exercises With John Clerici  2:00pm Movie & Popcorn in the TV Room 4:00pm Bridge Club	9:00am-2:00pm Doctor Runs  2:30pm Bingo in the Card Room  3:30pm Easy Kung Fu with Billy Mayfield
<b>12</b>	<b>13</b>	<b>14</b>
Easter 1:30pm Bingo in the Card Room 3:00pm Hymn Sing Along & Church Services	10:00am Chair Exercises With John Clerici 2:30pm Resident Council Meeting in the Card Room  4:00pm Bridge Club	9:00am-2:00pm Doctor Runs <b>12:00pm Birthday Lunch</b> 2:30pm Bingo in the Card Room 3:30pm Easy Kung Fu with Billy Mayfield
<b>19</b>	<b>20</b>	<b>21</b>
1:30pm Bingo in the Card Room 3:00pm Hymn Sing Along & Church Services	10:00am Chair Exercises With John Clerici 10:30am Field Trip to Senior Center  4:00pm Bridge Club	9:00am-2:00pm Doctor Runs <b>1:15pm Bible Talk</b> 2:30pm Bingo in the Card Room 3:30pm Easy Kung Fu with Billy Mayfield
<b>26</b>	<b>27</b>	<b>28</b>
1:30pm Bingo in the Card Room 3:00pm Hymn Sing Along & Church Services	10:00am Chair Exercises With John Clerici 10:30am Field Trip to Dekalb Farmers Market Lunch While Out  4:00pm Bridge Club	9:00am-2:00pm Doctor Runs <b>1:30pm Book Club</b> 2:30pm Bingo in the Card Room 3:30pm Easy Kung Fu

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1</b> April Fools' Day 9:00am "Kroger" Grocery Run  10:00am Exercise With John Clerici  1:30pm "Kroger" Grocery Run  2:30pm Arts and Crafts in the Card Room	<b>2</b> 9:00am-2:00pm Doctor Runs  2:30pm Ice Cream Social in the Card Room 4:00pm Bridge in the Library 7:00pm Easy Kung Fu with Billy Mayfield in the Card Room	<b>3</b>  10:00am Chair Exercises With John Clerici  9:30Am "Walmart" Shopping Trip  2:30pm Bingo	<b>4</b>   10:00am Donuts & Muffins & Drinks in the Lobby  <b>2:00pm Popcorn and Movies</b> in the TV Room
<b>8</b> 9:00am "Kroger" Grocery Run  10:00am Chair Exercises W/ John Clerici  1:30pm "Publix" Grocery Run  2:30Pm Game Of Choice in the Card Room	<b>9</b> Passover 9:00am - 2:00pm DR RUNS  2:30pm Wine & Cheese Party in the Card Room 4:00pm Bridge in the Library 7:00pm Easy Kung Fu with Billy Mayfield in the Card Room	<b>10</b>  10:00am Chair Exercises With John Clerici  11:00Am Let's Eat Out "Steak & Shake"  2:30pm Bingo	<b>11</b>   10:00am Donuts & Muffins & Drinks in the Lobby  <b>2:00pm Popcorn and Movies</b> in the TV Room
<b>15</b> 9:00am "Kroger" Grocery Run  10:00am Exercise With John Clerici  1:30pm "Kroger" Grocery Run  2:30pm Adult Coloring 6:00pm Communion	<b>16</b> 9:00am - 2:00pm DR RUNS  2:30pm Ben Thomas Sings in the Card Room 4:00pm Bridge in the Library 7:00pm Easy Kung Fu with Billy Mayfield in the Card Room	<b>17</b>  10:00am Chair Exercises With John Clerici  9:30Am "Dollar Tree" Shopping Trip  2:30pm Bingo	<b>18</b>   10:00am Donuts & Muffins & Drinks in the Lobby  <b>2:00pm Popcorn and Movies</b> in the TV Room
<b>22</b> 9:00am "Kroger" Grocery Run  10:00am Exercise With John Clerici  1:30pm "Publix" Grocery Run  2:30pm Arts and Crafts in the Card Room	<b>23</b> 9:00am - 2:00pm DR RUNS  2:30pm Dennis Goodman Visual Show in the Card Room 4:00pm Bridge in the Library 7:00pm Easy Kung Fu with Billy Mayfield in the Card Room	<b>24</b>  10:00am Chair Exercises With John Clerici  11:00Am Let's Eat Out "Old Hickory House"  2:30pm Bingo	<b>25</b>   10:00am Donuts & Muffins & Drinks in the Lobby  <b>2:00pm Popcorn and Movies</b> in the TV Room
<b>29</b> 9:00am "Kroger" Grocery Run  10:00am Exercise With John Clerici  1:30pm "Kroger" Grocery Run  2:30pm Word Game in The Card Room With Prizes	<b>30</b> 9:00am - 2:00pm DR RUNS  2:30pm Wine & Cheese Party in the Card Room 4:00pm Bridge in the Library 7:00pm Easy Kung Fu with Billy Mayfield in the Card Room		

## Talk About It

### Sibling Stories

The bond between brothers and sisters is often a special one. National Siblings Day is April 10, a good opportunity to share some memories.

Do you have siblings? Share their names and their relation in age to you.

Discuss the pros and cons of being the oldest, middle or youngest child. Which one are you?

If you are an only child, did you ever want a brother or sister? Was there anybody in your life who seemed like a sibling to you? What about now?

What kinds of activities did you do with your siblings?

Describe a favorite memory of a sibling.

If you have children, talk about your experiences raising siblings or raising an only child. Compare and contrast your stories.

In your opinion, what is the best thing about having a sibling?



### A Little Red Wagon

It hauls toys, children and pets, and with a little imagination, it can also be a race car, spaceship, dump truck and more. The iconic Radio Flyer wagon has inspired playtime adventures for more than a century.

The wheels first began turning in the early 1900s, when young Italian immigrant Antonio Pasin built wooden wagons to tow materials around his Chicago cabinet shop. Soon he was selling more wagons than cabinets, and in 1917, he formed the Liberty Coaster Co., named after the Statue of Liberty.

Inspired by the automotive

industry, Pasin began mass-producing 1,500 steel wagons a day. He labeled them with the name Radio Flyer to reflect his passion for two inventions: the radio and the airplane. The wagons sold well, even during the Depression, and the company became the world's largest maker of toy wagons.

Production halted during World War II, but the thriving post-war baby boom era had wagons rolling off the assembly line. From toting tots to hauling garden goods, families found an array of functions for the four-wheeled buggies. Wagon designs expanded over the decades, inspired by new trends and technology.

The company officially changed its name to Radio Flyer Inc. in 1987.

Why are Radio Flyer wagons red? They originally came in a variety of colors, including blue, green and yellow, but red far outsold the other hues.



Show and Tell With Linda Carter

## The Battle of Okinawa

This month marks the 75th anniversary of the last major battle of World War II, the Battle of Okinawa.

Capturing the tiny island in the Pacific Ocean was crucial due to its location. It would serve as a base for the Allies to launch a planned ground invasion of Japan's main islands. To implement the attack, which was code-named Operation Iceberg, divisions of the U.S. Army and Marine Corps were merged to create the 10th Army, led by Lt. Gen. Simon B. Buckner Jr.

On April 1, 1945, troops stormed Okinawa's beaches. But unlike D-Day, they were met with little resistance. Farther inland, however, came fierce fighting, compounded by torrential rains and rugged terrain.

After 82 days, the Battle of Okinawa ended on June 22, 1945. Although the Japanese were defeated, both sides suffered huge losses. Over 12,000 American troops, including Buckner, were killed; 35,000 were wounded. About 100,000 Japanese troops were killed, and an estimated 150,000 Okinawan civilians died. Less than two months later, Japan surrendered to the Allies, ending World War II.



## Waterfowl Woodcraft

Birds of a feather flock together. This saying usually refers to people with similar interests, but in the literal sense, groups of birds attract other birds. That principle of nature is how the art of carving decoys, or replicas of birds, got its start.

Native Americans made decoys out of natural materials, such as reeds, mud and feathers, for hunting waterfowl. Colonists noted the practice and carved decoys out of pine and cedar wood. In the 1800s, the hobby of sport hunting grew, increasing the demand for decoys. Creating wooden imitations of bird species also evolved into a form of American folk art.

Decoys are traditionally hand-carved from two pieces of wood, one for the head and one for the body, and then painted in intricate detail so that the finished bird looks lifelike. While it's a creative pastime enjoyed by amateurs of all ages, some decoy carvers showcase their artistic skills in highly competitive contests, held annually throughout the U.S.

Collectors of decoys are always on the hunt for rare or unique carvings, especially those dating back to the 19th century. The most expensive duck decoy sold at a 2007 auction for more than \$850,000.

## Straw Styles

Whether worn for protection or fashion, straw hats have served as head-toppers for centuries. Weave your way through Straw Hat Month in April with a bit of history about this warm-weather accessory.

As early as the 1400s, farmers in Asia wore conical straw hats to shield themselves from the sun and rain. By the 19th century, both men and women donned various straw styles, including boaters, fedoras, cowboy hats and bonnets.

One of the most famous straw designs is the Panama hat, made popular by President Theodore Roosevelt. When he visited the Panama Canal construction site in 1906, he was photographed wearing a light-colored straw hat with a dark band. Though it was made in Ecuador, it picked up the name Panama hat.

# April 2020



William Thompson showing off his artwork - We love it!

## “This Month In History” APRIL

**1910:** President William Howard Taft throws out the first pitch at the Washington Senators’ opening day, starting a tradition of U.S. presidents tossing ceremonial pitches at Major League Baseball games.

**1923:** Firestone Tire and Rubber Co. begins manufacturing inflatable tires for automobiles.

**1954:** America gets an appetite for Swanson’s new TV dinner. The frozen heat-and-eat meal sold for 98 cents and contained turkey, stuffing, sweet potatoes and peas.

**1961:** At the Masters Tournament, Gary Player of South Africa becomes the first international winner of the annual golf championship.

**1970:** Paul McCartney releases his debut solo album and announces that the Beatles are breaking up.

**1983:** Tokyo Disneyland opens in Japan. It was the first Disney park built outside of the U.S.

**2005:** Prince Charles, the heir to the British throne, marries Camilla Parker Bowles.

**2007:** Legendary jazz saxophonist and composer John Coltrane is awarded a posthumous Pulitzer Prize special citation for his music accomplishments.

**2019:** Using a network of telescopes, astronomers photograph a black hole in space, a feat thought to be impossible.