



www.coventryplace-ga.com

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**COVENTRY PLACE
CONTACT INFORMATION**

Phone- (404) 296-0962

After Hours- (404) 299-9651

Coventry Beauty Shop (404) 294-9695

Email- marketing@coventryplace-ga.com

OFFICE HOURS

Monday–Friday 9 a.m.–5 p.m.

Weekends 8 a.m.–3 p.m.

Coventry Place Management

Michael Cress II Executive Director

Jessica Otts Marketing Director

Anita Day Business Office Director

Wilda Johnson Personal Care Director

Anthony Leverett Maintenance Director

Amsalu Dessie, RN Weekend Nurse

Barbara Olver Office Administration

John Kinchen Dining Services Director

FROM THE EXECUTIVE DIRECTOR

Our staff is dedicated to making you feel at home in your “new” home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you have found a place to stay—that you are a part of the family. Thank you for being here.

November 2014



GRATITUDE

During this time of the year as we approach Thanksgiving, we should remember to have an abundance of gratitude as we reflect on our bounteous blessings. Gratitude is an attitude. Every day we can think of many things to be grateful for. When we do so, we find that our outlook is more cheerful.

EMPLOYEE CHRISTMAS FUND

Many residents and their family members have expressed a desire to show appreciation to the employees at Coventry Place by giving them a gift of money for Christmas. There is an Employee Christmas Fund box located at the front desk. All monies collected will be totaled and distributed to all employees. If checks are written, please make them payable to cash. It might help to know that there are 33 employees here. The cut-off date for giving is Dec. 22. All of the employees are grateful for the wonderful residents we have. We love you!

-EMPLOYEES AT COVENTRY PLACE

WELCOME

GOOD FRIENDS MAKE GOOD NEIGHBORS!

Want \$200?

Do you know anyone who may need some extra help, socialization, or who would enjoy living near you? Refer them to Coventry Place! Tell Michael Cress their name and telephone number. If they move in, after 30 days, not only will you have a new neighbor, we'll pay you \$200!

WELCOME OUR NEW RESIDENTS!

Please welcome our new residents who moved in the latter part of September and during October. It would be very nice if you could invite them to an activity with you.

- Hal Irvin
(Apt. 125)
- Lynn Chandler
(Apt. 210)
- Iris Davenport
(Apt. 504)
- Lynda Crowe
(Apt. 209)
- Dot Hopkins
(Apt. 211)



NFL Schedule for November

Sunday, 11/2, 1 p.m.

Buccaneers v. Browns
Jaguars v. Bengals
Cardinals v. Cowboys
Eagles v. Texans

Jets v. Chiefs
Chargers v. Dolphins
Redskins v. Vikings

Sunday, 11/2, 4:05 p.m.

Rams v. 49ers
Sunday, 11/2, 4:25 p.m.

Broncos v. Patriots
Raiders v. Seahawks
Sunday, 11/2, 8:30 p.m.

Ravens v. Steelers
Monday, 11/3, 8:30 p.m.

Colts v. Giants
Thursday, 11/6, 8:25 p.m.

Browns v. Bengals
Sunday, 11/9, 1 p.m.
Chiefs v. Bills

Titans v. Ravens
Cowboys v. Jaguars
Dolphins v. Lions

49ers v. Saints
Steelers v. Jets
Falcons v. Buccaneers

Twice Baked Sweet Potatoes

These baked sweet potatoes have a delicious filling.

- 6-7 small sweet potatoes
- 1/2 cup dried cranberries
- 1/2 cup apple cider, divided
- 1 (5 oz.) can evaporated milk
- 2 tbs. butter
- 2 tbs. brown sugar
- 1-2 tsp. pumpkin pie spice
- 2 tbs. chopped pecans

Preheat oven to 375 degrees.

Cut potatoes in half lengthwise, place on foil lined baking pan, and bake for 1 hour and 30-45 minutes or until soft. In a 2-quart saucepan, add the dried cranberries and 1/4 cup apple cider and bring to a boil. Remove from heat and add the milk, butter, brown sugar and pumpkin pie spice. Stir until the butter is melted. When the potatoes are baked and have cooled enough to handle, carefully remove the pulp and place in a mixing bowl with remaining apple cider. Reserve 6 of the best potato skins as you will be stuffing them with the potato mixture. Using a hand mixture, blend until smooth. Add the contents of the saucepan and blend until combined. Place the potato skins on a baking sheet and evenly spoon the potato mixture into each of the skins and top with the chopped pecans. At this point they can be made ahead and refrigerated for later use (set out for 30 minutes before baking). When ready to bake, place in 350 degree oven and bake for 18-20 minutes. Makes 6 servings.



Menu for Southern Style Thanksgiving Luncheon

Turkey and Dressing or Pit Ham

Sweet Potato Casserole or Potato Salad

Green Beans or Collard Greens

Cranberry Sauce, Dinner Rolls, Pecan Pie

Note: Dinner will be delivered.

Macy's Thanksgiving Parade

For 88 years, Macy's Thanksgiving Parade has been the official kick-off to the holiday season. Every year 3.5 million people line the streets and another 50 million tune in to watch the most spectacular holiday celebration in the world. Originally known as Macy's Christmas Parade, the Thanksgiving Parade was started by Macy's employees and featured animals from the Central Park Zoo. It was such a rousing success that Macy's declared it would become an annual event. In 1927, the parade debuted its signature giant balloons to great fanfare. Felix the Cat was the first-ever character balloon, kicking off a star-studded roster that has included more than 100 of the world's most famous characters. In 1929, newly added safety valves let helium slowly seep out, allowing the balloons to float above New York City after being released at the end of the parade. The balloons had return address labels on them and viewers

lucky enough to find the balloons got a special gift from Macy's. In 1934, the first Mickey Mouse balloon was introduced in collaboration with Walt Disney. (The parade character with the most balloons in history is Snoopy. The newest Snoopy, who is making his debut this year, is the seventh balloon version of this iconic character). From 1942-1944, WWII brought the parade to a halt. Due to rubber and helium shortages, balloons were deflated and donated to the government, providing 650 pounds of scrap rubber for the war effort. The parade was broadcast live on TV locally in 1946 and nationally in 1947. Throughout the century, it has aired on NBC and has won 12 Emmy awards. In 1968, Macy's began building parade floats which are designed by artists at Macy's Parade Studio. The spirit of that small group of the 1924 Macy's employees lives on today with the participation of more than 8,000 volunteers on the famous 2.5 mile march through Manhattan's streets.

To Our Veterans

When America had an urgent need, These brave ones raised a hand; No hesitation held them back; They were proud to take a stand.

They left their friends and family; They gave up normal life; to serve their country and their God, They plowed into the strife.

They fought for freedom and for peace On strange and foreign shores; Some lost new friends; some lost their lives In long and brutal wars.

Other veterans answered a call To support the ones who fought; Their country had requirements for The essential skills they brought.

We salute every one of them, The noble and the brave, the ones still with us here today, And those who rest in graves.

So here's to our country's heroes; They're a cut above the rest; Let's give the honor that is due To our country's very best.

DINING ROOM SERVING HOURS

Breakfast

7-8:15 a.m.

Lunch

12-1 p.m.

Dinner

5-5:30 p.m.

THE DINING ROOM

CLOSES AT 6 P.M.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.

2. Listen to announcements.

3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.

4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

Decatur Heights

Baptist Church

Sunday, 9:20 and
10:15 a.m.

N. Decatur Methodist Church

Sunday, 10:35 a.m.

1st Baptist Church of Decatur

Sunday, 9 a.m.

1st Baptist, Avondale Estates

Sunday, 9:10 a.m.

St. Thomas More

Catholic Church

Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
		
<p>Daylight Saving Time Ends. Remember to Turn Your Clocks Back.</p> <p>10:00 Sit and Be Fit 3:00 Hymn Sing A Long Chapel Service</p>	<p>Happy B'day John Carmichael!</p> <p>9:30 Wal-Mart 10:00 Sit and Be Fit 2:45 Veggie Truck 4:00 Bridge</p>	<p>Election Day</p> <p>9:00 Doctor Runs 10:00 Sit and Be Fit 10:00 Bible Study 2:30 Bingo</p>
<p>Happy Birthday April Reid!</p> <p>10:00 Sit and Be Fit 3:00 Hymn Sing A Long Chapel Service</p>	<p>10:00 Sit and Be Fit 1:30 Big Lots 2:45 Veggie Truck 3:00 Ice Cream Social & Prescription Medicine Info 4:00 Bridge</p>	<p>Veterans Day</p> <p>9:00 Doctor Runs 10:00 Sit and Be Fit 11:15 Birthday Luncheon 2:30 Bingo</p>
<p>10:00 Sit and Be Fit 3:00 Hymn Sing A Long Chapel Service</p>	<p>10:00 Sit and Be Fit 1:30 Entertainment With Ron Dennard (He Will Sing and Play the Piano) 2:45 Veggie Truck 4:00 Bridge</p>	<p>9:00 Doctor Runs 10:00 Sit and Be Fit 1:30 Bible Talk 2:30 Bingo</p>
<p>10:00 Sit and Be Fit 3:00 Hymn Sing A Long Chapel Service</p>	<p>10:00 Sit and Be Fit 2:30 Dollar General 2:45 Veggie Truck 4:00 Bridge</p>	<p>9:00 Doctor Runs 10:00 Sit and Be Fit 12:15 Thanksgiving Luncheon (See Menu on P. 3) 2:30 Bingo Note: Dinner will be delivered.</p>

Calendar of Events

Wednesday	Thursday	Friday	Saturday
			<p style="text-align: right;">1</p> <p>10:00 Sit and Be Fit 1:30 Games of Your Choice 2:00 Movie</p>
<p style="text-align: right;">5</p> <p>9:30 Kroger 10:00 Sit and Be Fit 1:30 Publix 3:00 Games of Your Choice</p>	<p style="text-align: right;">6</p> <p>9:00 Doctor Runs 10:00 Sit and Be Fit 2:30 Entertainment - Bob Roberts Comedy Show</p>	<p style="text-align: right;">7</p> <p>10:00 Sit and Be Fit 10:30-2:00 Rosie's Jewelry 11:15 Lunch Bunch - Sweet Melissa's 2:30 Bingo 4:00 Bridge</p>	<p style="text-align: right;">8</p> <p>10:00 Sit and Be Fit 10:00 Coffee and Donuts 2:00 Movie</p>
<p style="text-align: right;">12</p> <p>Happy Birthday Wayne Harris! 9:30 Kroger 1:30 Kroger 3:00 Games of Your Choice</p>	<p style="text-align: right;">13</p> <p>9:00 Doctor Runs 2:00 Arts & Crafts</p>	<p style="text-align: right;">14</p> <p>10:00 Sit and Be Fit 1:30 Wal-Mart 2:30 Bingo 4:00 Bridge</p>	<p style="text-align: right;">15</p> <p>10:00 Sit and Be Fit 1:30 Games of Your Choice 2:30 Live Puppet Show (Dining Room)</p>
<p style="text-align: right;">19</p> <p>9:30 Kroger 1:30 Publix 3:00 Games of Your Choice 6:00 Communion With Tom Hagood</p>	<p style="text-align: right;">Happy B'day Irene Seckman! 20</p> <p>9:00 Doctor Runs 2:30 Wine & Cheese Party</p>	<p style="text-align: right;">21</p> <p>10:00 Sit and Be Fit 11:15 Lunch Bunch - El Ponce (Mexican Restaurant) 2:30 Bingo 4:00 Bridge</p>	<p style="text-align: right;">22</p> <p>10:00 Sit and Be Fit 10:00 Coffee and Donuts 2:00 Movie</p>
<p style="text-align: right;">26</p> <p>9:30 Kroger 11:00 Around the World With Kathy 1:30 Kroger 3:00 Games of Your Choice</p>	<p style="text-align: right;">Thanksgiving Day 27</p> <p>HAPPY THANKSGIVING! Office Closed No Doctor Runs</p>	<p style="text-align: right;">Black Friday 28</p> <p>Happy Birthday Lori Fisher! 10:00 Sit and Be Fit 10:30-2:00 Rosie's Black Friday Sale 2:30 Bingo 4:00 Bridge</p>	<p style="text-align: right;">29</p> <p>10:00 Sit and Be Fit 1:30 Games of Your Choice 2:00 Movie</p>

NFL Schedule

(Cont. from p. 2)

Sunday, 11/9,

4:05 p.m.

Broncos v. Raiders

Sunday, 11/9,

4:25 p.m.

Giants v. Seahawks

Rams v. Cardinals

Sunday, 11/9,

8:30 p.m.

Bears v. Packers

Monday, 11/10,

8:30 p.m.

Panthers v. Eagles

Thursday, 11/13,

8:25 p.m.

Bills v. Dolphins

Sun., 11/16, 1 pm

Texans v. Browns

Falcons v. Panthers

Vikings v. Bears

Bengals v. Saints

Broncos v. Rams

Eagles v. Packers

Seahawks v. Chiefs

49ers v. Giants

Buccaneers v.

Redskins

Raiders v. Chargers

Sunday, 11/16,

4:25 p.m.

Lions v. Cardinals

Sunday, 11/16,

8:30 p.m.

Patriots v. Colts

Monday, 11/17,

8:30 p.m.

Steelers v. Titans

Thurs., 11/20, 8:25

Chiefs v. Raiders

(Cont. on p. 7)



Shown in this photo for the Birthday Luncheon on Oct. 14 at Dru Kight's table are (from left to right) Martha Williams, Marion Rapsis, Dru Kight, Miriam Hancock, Dot Purcell and Betty Starr.

November Birthstone

According to the Gemological Institute of America (GIA), there are two birthstones for November: Topaz and Citrine.

Topaz comes in blue, red, pink, purple, yellow, orange, brown and green. Among the rarest and most valuable is what's known as "imperial topaz," which has a medium reddish orange to orangey hue. Its scarcity is reflected in its higher price.

Citrine's color ranges from saturated yellow to reddish orange to pale yellow. Citrine is part of the mineral species quartz, along with gemstones amethyst, rose quartz, rock crystal quartz and tiger's eye quartz. Much of the citrine on the market today is actually amethyst that has been heat-treated to turn it yellow. It's an affordable and distinctive gemstone.



Artist's Corner

This pretty arrangement is called "Wildflowers" and was done in crewel embroidery by Sandra Turpin. Crewel embroidery is a type of crochet embroidery using wool and a variety of embroidery stitches. Crewel wool has a long staple; it is fine and can be strongly twisted. Crewel wool is thick and creates a raised, dimensional feel to the work. French knots are commonly used in floral and fruit motifs for additional texture. If you have any art that you would like featured in the newsletter, please bring it to the front desk.



DESIGNING PUMPKINS

Our residents enjoyed painting/decorating pumpkins in October. Seated at the front table are (from left to right) Donna Hagood, Flora Chen and Carolyn Hairston. (Maxine Warner is not shown). Darlene McLemore is shown at the second table.



These are the fun designs that our residents created. It was decided that the most unique one was created by Darlene McLemore. Hers is the third one from the left. She painted her pumpkin using layers of green, blue, gray, black and orange colors. It came out looking like a ceramic glaze.



ROSIE'S JEWELRY

Our residents love it when Rosie comes in to sell her jewelry each month. Pictured above from left to right are Anna Chiles, Mary Ferry, Dot Purcell and Rosie Peck. Rosie's daughter, Nannette, makes much of her jewelry. The jewelry is created with crystals and genuine stones made with sterling silver. She sells watches, pendants, necklaces, sterling silver chains, bracelets, broaches, and earrings. She always tries to have some vintage pieces to choose from. Included in the merchandise she sells are a variety of things including giftware, unusual decorative household items, books, movies and CDs. This month she will be selling large men's clothing that includes shirts and pants for \$3 each or two for \$5. She will also have Christmas cards, Christmas items for decoration, and a variety of scarves. All who visit her booth may enter a drawing for a \$10 gift. No purchase is necessary. She will be doing that until Christmas. Around Christmas, she also likes to bring Christmas shirts, vests, and ladies' jackets. She will be coming in twice this month—the second time for a Black Friday Sale. And she will be here twice in December. Rosie has been coming here for years and she says that she feels like we are her family.

NFL Schedule

(Cont. from p. 6)
Sun., 11/23, 1 p.m.
 Jets v. Bills
 Browns v. Falcons
 Buccaneers v. Bears
 Bengals v. Texans
 Lions v. Patriots
 Packers v. Vikings
 Jaguars v. Colts
 Titans v. Eagles
Sun., 11/23, 4:05
 Rams v. Chargers
 Card. v. Seahawks
Sun., 11/23, 4:25
 Dolphins v. Bron.
 Redskins v. 49ers
Sun., 11/23, 8:30
 Cowboys v. Giants
Mon., 11/24, 8:30
 Ravens v. Saints
Thurs., 11/27, 12:30
 Bears v. Lions
Thurs., 11/27, 4:30
 Eagles v. Cowboys
Thurs., 11/27, 8:30
 Seahawks v. 49ers
Sun., 11/30, 1 p.m.
 Browns v. Bills
 Chargers v. Ravens
 Panthers v. Vikings
 Bengals v. Buccan.
 Titans v. Texans
 Redskins v. Colts
 Giants v. Jaguars
 Saints v. Steelers
 Raiders v. Rams
Sun., 11/30, 4:05
 Card. v. Falcons
Sun., 11/30, 4:25
 Patriots v. Packers
Sun., 11/30, 8:30
 Broncos v. Chiefs

November 2014

HAPPY BIRTHDAY TO THOSE BORN IN OCTOBER!



On Tuesday, Oct. 14, we celebrated the birthdays of all of our residents who were born in October: Dru Kight, John Huddle, James Shirley, Marsha Wassam, Ernest Freeman and Leila Browning. Leila Browning took the cake for the oldest October birthday!!! She was born on Oct. 25, 1918, and is 96.

The monthly birthday luncheon is held on the Tuesday before or after the 15th. Plan to attend when your loved one has their birthday. Call ahead of time so we can have a special table for your family to celebrate. You can have four guests at no charge.

Also, for families needing a place to host a birthday party for residents or a family reunion, let us know so you can reserve the library or dining room.

HAPPY BIRTHDAY!!!



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