



www.coventryplace-ga.com

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OFFICE HOURS

Monday–Friday 9 a.m.–5 p.m.

Weekends 7 a.m.–3 p.m.

COVENTRY PLACE

CONTACT INFORMATION

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Ghoulish Behavior

Several boys walking home after a Halloween party decided to take a shortcut through the cemetery. There they were startled by a tap-tap-tapping noise coming from the shadows. Trembling with fear, they saw an old man with a hammer and chisel, chipping away at a headstone. "You scared us half to death, mister. We thought you were a ghost," one of the boys said. "What are you doing working here this late at night?"

"Those fools!" the old man grumbled. "They misspelled my name!"

"I would rather sit on a pumpkin and have it all to myself than be crowded on a velvet cushion." —Henry David Thoreau

October 2017

Memorable Melody: 'Monster Mash'

It was perfect timing when "Monster Mash" reached the No. 1 spot on the music charts in late October 1962. The novelty ditty by Bobby "Boris" Pickett took inspiration from two pop culture fads of the day—the dance craze called the "mashed potato" and monster movies. Pickett impersonated the voices of horror film stars Boris Karloff and Bela Lugosi in "Monster Mash," which became an instant hit and has remained a seasonal staple ever since.



Trivia Whiz

How About Them Apples?

Apple pie, apple butter, caramel apples—America's favorite fall fruit is as versatile as it is delicious. Autumn is when the crop is harvested and apples are at their freshest.

More than 2,500 varieties of apples are grown in the United States, and more than 7,500 types are produced worldwide.

Once established, an apple tree can live for more than 100 years.

Apple varieties range in size from as small as a cherry to as big as a grapefruit. The largest apple ever picked weighed 3 pounds.

A mature tree can produce 400 to 800 pounds of apples per year.

Apples are part of the rose family.

The apple is the official fruit of six states: Illinois, Minnesota, New York, Vermont, Washington and West Virginia.



German Heritage in America

October is German-American Heritage Month, and Oct. 6 is designated as National German-American Day. According to the U.S. Census Bureau, about 50 million people in the U.S. have German roots, making it the largest ancestry group in the country.

The first permanent German settlement, named Germantown, was established on Oct. 6, 1683, in Pennsylvania. The biggest wave of German immigrants arrived in the 1800s, when millions came for the freedom and economic opportunities that America offered.

Uniquely German influences quickly made their way into American culture. Germans introduced traditional foods such as hot dogs, sauerkraut and pretzels to their adopted country. The idea of weekend outings can be partially attributed to German immigrants, who had the custom of spending their Sundays in recreational pursuits, which led to the creation of facilities such as bowling alleys and concert halls, as well as social and sports clubs.

Favorite Fall Flavors

As the leaves on the trees turn from green to glorious shades of red, orange and yellow, another unmistakable sign of autumn makes an appearance on grocery store shelves and restaurant menus: the flavors of the season. Which of the following is your No. 1 pick?

Pumpkin spice. This orange squash has long been a popular fall dessert ingredient, but pumpkin spice—a blend of pumpkin, cinnamon, nutmeg, ginger and allspice—now reigns as the king of fall flavors, ever since Starbucks introduced its pumpkin spice latte in 2003.

Salted caramel. Specialty sea salt is the perfect partner for caramel, the chewy confection made by boiling sugar and mixing in cream, butter and vanilla. The sweet-and-salty combination was first developed in France before showing up stateside in ice cream, coffee drinks, chocolate candies, brownies, cookies and more.

Apple cider. From a cup of freshly pressed, cold apple cider to a steaming mug of mulled cider, this flavor is one of the most fragrant that fall has to offer. The seasonal beverage is often featured in muffins and other sweets, including apple cider donuts, a favorite at fall festivals.





Creatures of the Night

When darkness falls, most of us are ready for bed, but for many members of the animal kingdom, nighttime is prime time.

Bats. The only mammals that can fly, bats are mysterious critters that love to lurk in dark spaces like caves and hollow trees, emerging at dusk to feast on insects and fruit. Eating up to 1,000 insects a night, bats play a crucial role in pest control, and fruit bats are important pollinators.

Owls. Large eyes, sharp hearing and feathers specifically designed for silent flight make these birds excellent nighttime hunters. A traditional sign of wisdom and a friend to farmers by helping control rodent populations, owls are known for their hooting calls.

Wolves. A wolf howling at the moon may send a chill up your spine, but there's really nothing to fear. The largest members of the dog family are simply communicating with each other and staking out their

territory. Wolves have impressive night vision, and they prefer nighttime because the cooler temperatures help them conserve energy while they hunt.

Toads. These amphibians burrow in the ground during the day and come out at night to eat insects and sing their croaking song. Their bumpy skin is toxic to some predators but harmless to humans, and the ancient superstition that touching a toad will cause warts is simply untrue.

Raccoons. These masked bandits cause mischief during the evening hours, foraging for almost any food they can get their hands on—even goodies from residential garbage cans. Despite their antics, these North American mammals are admired for their uniquely patterned coats and curious, intelligent nature.



Wit & Wisdom

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.

2. Listen to announcements.

3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.

4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

Church Bus Schedule!!!!

Saturday

5pm.....St. Thomas More Catholic Church

Sunday @ 10 am....Decatur United Methodist Church

Watch Your Step

The autumn foliage is a colorful sight, but it can also create a fall hazard when combined with the season's rainy, cold weather. Be mindful that walkways can become slick surfaces when they fill up with wet leaves.

DINING ROOM SERVING HOURS

Breakfast

7-8:15 a.m.

Lunch

12-1 p.m.

Dinner

5-5:30 p.m.

The Dining Room Closes

at 6 p.m.



Popular Pages: 'The Tell-Tale Heart'

One of Edgar Allan

Poe's most famous works, "The Tell-Tale Heart" is a delightfully spooky—and delightfully short—story. At just over 2,000 words, it can easily be read in one sitting. An unnamed narrator begins the tale claiming that he is not insane, insisting his story will prove it. It's up to the reader to decide, based on the events that follow, whether or not the narrator is in his right mind. First published in 1843, the short story has been adapted numerous times for the stage and film.

Sunday	Monday	Tuesday
1	2	3
3:00 HYMN SING- ALONG FOLLOWED BY CHAPEL SERVICE	10:00 Chair Exercises With John Clerici 2:30 Ring Toss 4:00 Bridge Club Happy Birthday William Keane	8:30-2:00 Doctor Runs 2:30 BINGO!
8	9	10
3:00 HYMN SING- ALONG FOLLOWED BY CHAPEL SERVICE	10:00 Chair Exercises With John Clerici 11:00 Rosie 2:30 Jewelry With Tim Bush 4:00 Bridge Club	8:30-2:00 Doctor Runs 12:15 Birthday Luncheon 2:30 BINGO!
15	16	17
3:00 HYMN SING- ALONG FOLLOWED BY CHAPEL SERVICE	10:00 Chair Exercises With John Clerici 2:30 Corn Hole 4:00 Bridge Club	8:30-2:00 Doctor Runs 1:15 Bible Talk 2:30 BINGO!
22	23	24
3:00 HYMN SING- ALONG FOLLOWED BY CHAPEL SERVICE	9:00 Southern Belle Farm "Pumpkin Patch" 10:00 Chair Exercises With John Clerici 4:00 Bridge Club	8:30-2:00 Doctor Runs 2:30 BINGO!
29	30	31
3:00 HYMN SING- ALONG FOLLOWED BY CHAPEL SERVICE Happy Birthday Harold Russ	10:00 Chair Exercises With John Clerici 2:30 Frisbee Toss 4:00 Bridge Club Happy Birthday Tom Chellino	8:30-2:00 DR. RUNS 2:30 HALLOWEEN PARTY WITH PAM Happy Birthday Donna Myers HAPPY HALLOWEEN!!!!!!!!!!

Calendar of Events

Wednesday	Thursday	Friday	Saturday
4 9:00 Kroger 10:00 Chair Exercise With John Clerici!!!! 1:30 Publix 3:00 Movie and Popcorn	5 8:30-2:00 Doctor Runs 2:30 Karaoke Party	6 10:00 Chair Exercises With John Clerici 1:30 Walmart 2:30 Bingo 4:00 Bridge Club	7 10:00 MINI MANI PEDIS BY: Keisha!!!!!! 10:00 TO 11:00 AHS VISITING PETS PROGRAM (Come Cuddle Some Puppies!) 10:00 Coffee and Donuts FOOTBALL SATURDAYS
11 9:00 Kroger 10:00 Exercise With John Clerici 1:30 Kroger 3:00 Resident Council Meeting Happy Birthday Betty Lewis	12 8:30-2:00 Doctor Runs 2:30 Legends Show!!!! Happy Birthday Jeffery Bridges	13 10:00 Chair Exercises With John Clerici 11:15 Lunch Bunch Baminelli's 2:30 Bingo 4:00 Bridge Club	14 10:00 Coffee and Donuts Football in the TV Room Come Watch Your Favorite Teams!!!!
18 9:00 Kroger 10:00 Exercise With John Clerici 1:30 Publix 3:00 Movie and Popcorn 6:00 Communion With Tom Hagood	19 8:30-2:00 Doctor Runs 2:30 Trivia Ice Cream Social Sponsored by Astoria Hospice Happy Birthday Robert Floyd	20 10:00 Chair Exercises With John Clerici 1:30 Goodwill 2:30 Bingo 4:00 Bridge Club	21 10:00 Coffee and Donuts Football in the TV Room Come Watch Your Favorite Teams!!!!
25 9:00 Kroger 10:00 Exercise With John Clerici 1:30 Kroger 3:00 Movie and Popcorn Happy Birthday Ernest Freeman	26 8:30-2:00 Doctor Runs 2:30 Wine & Cheese Party	27 10:00 Chair Exercises With John Clerici 1:30 Dollar Tree Shopping Trip 2:30 Bingo 4:00 Bridge Club Happy Birthday Hal Sprbor	28 10:00 Coffee and Donuts Football in the TV Room Come Watch Your Favorite Teams!!!!

Talk About It

Leading the Way

Oct. 16 is National Boss Day, a time for employees to show appreciation for their supervisors and employers. Schedule a meeting and lead a discussion about bosses.

Talk about some of the managers you had at various jobs. How were they similar or different in the way they led their employees?

Who was the best boss you ever had? Why did you like working for him or her?

Were you ever a supervisor at a job? How did you feel about being in charge? Looking back, is there anything you would have done differently?

Would you rather be the boss or let someone else be in command? Why?

Many movies and TV shows have memorable characters who are bosses in the workplace. Who are your favorites?



Magnificent Falls

On the border between New York and the Canadian province of Ontario is a breathtaking natural wonder, Niagara Falls. Plunge into these facts about the famous tourist destination:

Niagara Falls was formed about 12,000 years ago.

There are actually three falls that make up the massive spectacle: Horseshoe, American and Bridal Veil falls. Horseshoe Falls is the largest at 2,200 feet wide and 170 feet tall.

More than 3,000 tons of water rush over Niagara Falls every second. Most of the water comes from four of the five Great Lakes, which drain into the Niagara River.

On Oct. 24, 1901, Annie Edson Taylor, a 63-year-old Michigan teacher, became the first of several daredevils to survive a plunge over the falls in a barrel.

Niagara Falls is a favorite wedding destination. Newlyweds have made the place so popular, it's billed as the honeymoon capital of the world.

The falls ran dry for more than a day in 1848, when ice chunks upstream jammed the Niagara River and blocked the flow of water.

Erosion has caused Niagara Falls to gradually move about 7 miles upstream since its formation. Today, the water volume is controlled to slow the erosion and to provide hydroelectric power.

About 12 million tourists visit Niagara Falls each year. Many don ponchos to view the falls up close and feel the spray of the rushing waters.



Pumpkin Power

Archaeologists believe that pumpkins could be the oldest domesticated plants on the planet. Evidence found in Mexico suggests people cultivated pumpkins as far back as 10,000 B.C. Here are a few more things you might not know about this round, orange squash.

- Pumpkins are a good source of vitamins A and C and potassium. About 90 percent water, they are also high in fiber.
- In 2014, a Swiss man grew a pumpkin that weighed 2,323 pounds.
- Morton, Ill., is known as the pumpkin capital of the world. The town is home to the Libby's food plant, where almost all of the country's canned pumpkin is produced. Most of the pumpkins processed at the factory are grown nearby.
- A pumpkin generally has about 500 seeds, which are a good source of iron and can be roasted and eaten. The flowers that grow on pumpkin vines are also edible.
- There are more than 40 varieties of pumpkins. They come in different colors and sizes and have names such as Baby Bear, Orange Smoothie and Speckled Hound. Connecticut Field and Howden are among the varieties most often sold for carving.
- Pumpkins were a staple in the diets of many Native American tribes. They also dried strips of pumpkin and wove them into mats.



Bump, Set, Spike

Whether it's played indoors or on sand, with a ball or balloons, volleyball is one of the most popular team sports in the world.

In 1895, William G. Morgan, a physical education director at the YMCA in Holyoke, Mass., wanted to create a sport that appealed to a wide range of ages and abilities. He combined elements of basketball, tennis, baseball and handball and called the game mintonette. The name changed to volleyball after a professor watching a demonstration remarked that players volleyed the ball back and forth.

Volleyball is played with two teams of players on opposite sides of a high net. A rally begins when a team serves the ball over the net. The receiving team must return the ball using a maximum of three hits—often called a bump, set and spike—without letting the ball touch the ground. Play alternates between sides until the ball hits the floor or a fault is committed.

The game can be adapted to fit different environments and equipment, with beach volleyball and balloon volleyball being popular variations. It's estimated that 800 million people worldwide play the sport.

Laugh Lines

Burns and Allen

Husband and wife entertainers George Burns and Gracie Allen were famous for the banter of their comedy routines. In October 1950, the beloved duo took their act to TV. Look back at some funny lines from "The George Burns and Gracie Allen Show."

George: This letter feels kind of heavy. I'd better put another stamp on it.

Gracie: What for? It'll only make it heavier.

Gracie: As soon as I got to the doctor's office I knew he was no good.

George: He was a bad doctor?

Gracie: Yeah, all his patients were sick.

Gracie: Here you are dear, the morning paper.

George: It's sorta all wrinkled up.

Gracie: Well, we get our paper from a very old delivery boy.

October 2017



Word Search

Category: Rivers, Lakes, Seas and Oceans

<p>M V O L G A E B U N A D I D E N I H R K D T C Y C Q E L I N R H L A E E H S A D G E D A G H R L I C E C D G N I C O I L G B G G F T G S A E E O A L E H I I H R S N N W N A A C H D C H D T S G S C N U S T T H A M E S D K R G I B E R I N G C F O G C Y C I F I C A P N T H T R O I R E P U S</p>	<p>1. <u>Thames</u> 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____ 13. _____ 14. _____ 15. _____ 16. _____ 17. _____ 18. _____ 19. _____ 20. _____</p>
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Word Search Solution:

1. Aegean (Sea)	11. Nile (River)
2. Arctic (Ocean)	12. (Lake) Ontario
3. Atlantic (Ocean)	13. Pacific (Ocean)
4. Bering (Sea)	14. Red (Sea)
5. Black (Sea)	15. Rhine (River)
6. Danube (River)	16. (Lake) Superior
7. (Lake) Erie	17. (Lake) Tahoe
8. (Lake) Huron	18. (River) Thames
9. Indian (Ocean)	19. Volga (River)
10. (Lake) Michigan	20. Yellow (Sea)